

**Taking Action Against Breast Cancer in Places of Worship: Alongside Susan G. Komen Oregon and SW Washington, Janet Long invites you to join the virtual MORE THAN PINK Walk on August 23, so programs like *Worship in Pink* can continue to thrive!**

For Janet, church isn't just a place of worship and community; it's a place to take action to educate, empower, and inspire women and men to take control of their breast health.

*Worship in Pink* is a unique program for congregations of all faiths and community organizations in the Portland metro area to provide the information needed in order to increase the number of women receiving mammograms.



"Any action, big or small can make a difference in someone's life," Janet said. "I have been a [Worship in Pink] Ambassador since the beginning; we share information about breast health, [encourage attendees] to speak up when it comes to their body, and [educate them on] the importance of getting a yearly mammogram. A couple of years ago one of the ladies from my church gave her testimony that because she had been attending our Worship in Pink events, she went for her annual mammogram, they were able to detect the cancer early, and now she is cancer free."

Taking Action is one pillar of four that make up the entirety of Komen's work, the others being Research, Community, and Care. Action represents Komen's focus on:

- Advocating for more research funding and critical patient protections.
- Educating health care providers, policymakers, opinion leaders, and the public about the burden of breast cancer.
- Empowering patients and the public with fact-based information and guidance, so they can take control of their breast health.

The MORE THAN PINK Walk is Komen Oregon and SW Washington's largest fundraising event of the year and it is more important than ever that the community rises up and registers to join in on this August 23 event. Though participants can't gather in person this year, the dollars raised through this event are what fund vitally important programs like *Worship in Pink*.

"I have participated in the Walk [aka Race for the Cure] since 2002, [when I] began walking with my daughter and friends in remembrance of the 'First Lady' of our church, who lost her battle with breast cancer; we later signed up as a team from our church," Janet said. "The Walk not only raises money for research [services, and programs], but it builds relationships, supports survivors, encourages those still battling breast cancer, and [honors] those warriors who lost their battle."

*Right now, Komen Oregon and SW Washington stands ready to help those affected by breast cancer with educational programs, screening, gas, food, and lodging, but Komen has experienced a significant decrease in donations since the beginning of the pandemic.*

By joining the MORE THAN PINK Walk, you're taking action *and helping to keep Komen's doors open, so they can provide programs and services to people who desperately need them in Oregon and SW Washington.* Register today at [KomenOregon.org](http://KomenOregon.org)

*\*If your church is interested in participating in Komen's Worship in Pink program and you'd like more information, visit [komenoregon.org/worship-in-pink/](http://komenoregon.org/worship-in-pink/) or contact Kathy Kendrix, Worship in Pink Program Planner, at [WorshipinPink@komenoregon.org](mailto:WorshipinPink@komenoregon.org) or at (503)735-1475.*