



We have had a busy fall! Read more about it below.

### **Breast Cancer Forum – Eugene (October 7, 2018)**



Keri Winters-Stone, PhD, who holds multiple roles between OHSU Knight Cancer Institute and School of Nursing, talked about exercise in survivorship to a full room at the Valley River Inn. As an exercise scientist, Dr. Winters-Stone's research focuses on the effects of cancer treatment on musculoskeletal health and cancer recurrence risk and the ability of exercise to improve health and longevity in cancer survivors. The long-term goal of her research is to develop prescriptive exercise programs for cancer survivors that meets their needs and preferences and optimizes their health outcomes.

### **Worship in Pink – Portland-metro area (weekends in October)**



This year, 24 churches and 8 salons/barber shops in the Portland-metro area participated in Worship in Pink. Volunteer Ambassadors were trained by Komen and conducted a combined 30+ activities in October, where they shared the importance of screening in the early detection of breast cancer, as well as other important breast health messages. The Ambassadors are pictured above, and activity photos can be seen on the [Worship in Pink Facebook page](#). As part of Worship in Pink, we also helped facilitate 11 mammograms on Tuality's mobile mammography van, during a



Mobile Mammography Screening event, which we held on October 20<sup>th</sup> at Vancouver Avenue First Baptist Church.

**Metastatic Breast Cancer Dinner Series - Portland (November 13, 2018)**



Dr. Abdul-Hai Mansoor, physician lead of the clinical research program at Kaiser Permanente Northwest, talked about advances in personalized care for patients living with metastatic breast cancer at the latest [Dinner Series](#) event, at Ringside Steak House. We host these dinners three times a year (November, February, and May) as a forum for people living with metastatic breast cancer to discuss the latest in research, treatment, and symptom management with local health experts, in a small group setting.

**Statewide Travel – SE and Central Oregon (August) and Eastern Oregon (October)**



(photo of the Columbia River in Boardman, OR)

Andrew Asato, CEO, and Cindy Fletcher, director of programs travelled 2000+ miles around Southeast and Central Oregon and Eastern Oregon. They visited community health centers, cancer centers, and organizations working in the breast health continuum, making sure that people know about Komen's services, and that we are aware of some of the opportunities and challenges in our service area's rural communities.